

The following is a sample coaching agreement between the client and myself. It is provided here to give you an idea of the expectations and responsibilities of both the client and the coach. If you have any questions please email me at marygill@pursuingthepositive.com

Pursuing the Positive
Lifelong Learning and Achievement Coaching
Coaching Agreement

This coaching agreement is between _____ (client) and Mary Gill (coach).

The client has chosen the Customized Coaching Package. This package includes _____ thirty minute coaching meetings and regular email contact over a four week period.

The fee for this package is _____. The fee is payable in advance. The check will be made out to Pursuing the Positive and can be sent to:

Mary Gill
P.O. Box 1871
Loveland, CO 80539

The scheduled coaching meetings will be on DAY/TIME. The first coaching meeting will be on DATE/TIME.

The client will call the coach at 970 635 3404.

A 24 hour cancellation notice is appreciated whenever possible. The client and coach will make every effort to reschedule in a timely manner. The client's fee will be applied to a future coaching meeting.

The service to be provided is coaching, which is not advice, therapy, nor counseling, and may address specific personal projects, business/educational successes, or general life purpose pursuits of the client's life or profession. Coaching is a designed alliance that helps bring out the best in the client and helps the client create and live the life he or she wants to live. If at any time the client believes the coaching is not working as desired, the client will immediately communicate that to the coach and both will take action to remedy the situation, including deciding to terminate the coaching agreement.

The coach will keep all information provided by the client strictly confidential as allowed by law. If the coach feels the client is a danger to himself or herself or to others, the proper authorities and the client's emergency contact person will be contacted immediately.

The client certifies that they do not suffer from any physical or mental disabilities that might affect his or her participation in the coaching process, and, if the client has any substance abuse

problems or mental illness the client has consulted with a health care professional and has been advised that the client may participate in the coaching process without risk. The client agrees that if there is any change in status, the client will promptly advise the coach.

The client agrees that in the event of any claim or grievance by the client against Mary Gill or Pursuing the Positive, LLC, sole remedy will be the return of the fees paid to Pursuing the Positive, LLC. Mary Gill and Pursuing the Positive, LLC are not responsible for any direct, indirect, incidental, or consequential damage beyond the total amount of fees paid by the client.

Our signatures on this agreement indicate a full understanding of and agreement with the coaching agreement.

Client Signature _____ Date Signed _____

Coach Signature _____ Date Signed _____

Client Information

Client Address _____

Client Email _____

Client Phone Numbers _____

Emergency Contact Person _____

Relationship to Client _____

Contact Person Address _____

Contact Person Email _____

Contact Person Phone Numbers _____
